

## Amblyopia: Know the Facts!

Amblyopia is when a person has trouble seeing in one or both eyes. It happens when the eye and the brain do not communicate in the right way.

- Amblyopia is also called “lazy eye.”
- It is very common in children.
- It makes vision blurry, or hard to see things close up or far away. It can cause permanent loss of vision if it is not treated.
- The most common cause of amblyopia is “crossed eyes” or strabismus

“Crossed eyes” or strabismus is when the eyes do not line up or move in the same direction. The good news is you can treat amblyopia or strabismus if you catch it **early! If your child has blurry vision or crossed eyes**, you should see an eye doctor (Optometrist). The eye doctor may have your child:

- Wear glasses, or
- Retrain the eye with therapy, which often includes a patch over the stronger eye. This is highly recommended.

**Here are some places to visit if you child has Amblyopia:**

The Harlem Vision Center	
<u>Location</u> 454 Lenox Avenue Manhattan	<u>Website</u> <a href="http://www.harlemvisioncenter.com/index.html">http://www.harlemvisioncenter.com/index.html</a>
<u>Appointments</u> (212) 368-2020	<u>Services</u> <ul style="list-style-type: none"><li>● After-school appointments available</li><li>● Complete pediatric eye exams with dilation</li><li>● Pediatric vision therapy</li></ul>
<u>Hours</u> Mon - Fri: 10am to 7pm Saturday: 10 am to 8:30pm	

New York Ophthalmology	
<p><u>Location</u> 329 E 149th St, 2nd Floor Bronx, NY 10451</p> <p><u>Appointments</u> (718)-808-9498</p> <p><u>Hours</u> Mon - Fri: 9am to 5pm</p>	<p><u>Website</u> <a href="https://www.nyoph.com/services/pediatric-eye-care/">https://www.nyoph.com/services/pediatric-eye-care/</a></p> <p><u>Services</u></p> <ul style="list-style-type: none"><li>● After-school appointments available</li><li>● Complete pediatric eye exams with dilation</li><li>● Pediatric vision therapy</li></ul>

SUNY College of Optometry - University Eye Center	
<p><u>Location</u> 33 West 42nd Street Manhattan</p> <p><u>Appointments</u> (212) 938-4001</p> <p><u>Hours</u> Mon - Thurs: 8am to 6pm Friday: 8am to 5pm Saturday: 8am to 4:30pm</p>	<p><u>Website</u> <a href="http://www.sunyopt.edu/uec/eyecare_for_children">http://www.sunyopt.edu/uec/eyecare_for_children</a></p> <p><u>Services</u></p> <ul style="list-style-type: none"><li>● After-school appointments available</li><li>● Complete pediatric eye exams with dilation</li><li>● Professional evaluations to determine a child's eligibility for IEP services in the New York City public school system.</li><li>● Pediatric vision therapy</li></ul>

For more information, visit: <https://kidshealth.org/en/parents/amblyopia.html?ref=search>