What do "quarantine" and "isolation" mean?

Quarantine: If you come in close contact with someone with COVID-19, and your COVID-19 vaccines are not up-to-date, you need to quarantine. Stay home and stay away from people for 5 days. Get tested after 5 days. Wear a mask around other people for 10 days, even at home. Watch for COVID-19 symptoms for 10 days. If you have symptoms get tested.

Isolation: If you have COVID-19 (even if you had the vaccine), you must stay home and away from other people. Wear a mask if you must be around others at home. Get tested on day 5. If you have no fever, a negative test on day 5, and symptoms are improving you can leave home. But you must wear a mask for a total of 10 days.