HOW

can I work with my child's doctor to build a medical home?

Building a medical home is a team effort! You can help your health team or nurse practitioner do a great job.



Keep a list of questions or worries as you think of them. Bring your list to your doctor or nurse practitioner so that you can talk through your questions.



Ask your doctor or nurse practitioner to explain things you don't understand.

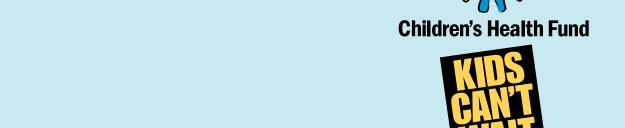


At the end of each visit, ask your doctor or nurse practitioner to write down a list of things you need to do or remember.



Be positive!

When your child's health care team does something great, let them know.



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Children's Health Fund is a national organization, founded in 1987 by singer/songwriter Paul Simon, and pediatrician /advocate Dr. Irwin Redlener, that serves a broad network of 22 programs and 2 affiliates in 15 states and the District of Columbia and provides services at nearly 300 urban and rural sites around the country. Children's Health Fund partners with many of the nation's leading universities and community health centers to deliver comprehensive, continuous and accessible care to at-risk children via 38 mobile medical clinics, fixed-site clinics and school based sites.

In addition to delivering medical, mental and dental health care to poor and homeless children, **Children's Health Fund** responds to public health crises, and advocates nationally on behalf of all children. To date, the programs have provided more than 1.8 million patient visits.

MEDICAL HOME

The care your child needs and deserves



The Medical Home is a place where:

- Your child gets complete health care services as he or she grows from a baby to a young adult;
- Your child's doctor or nurse practitioner is available to listen to your questions and provide expert advice about your child's health whenever you need it;
- Your child can be connected to other medical, mental and dental health specialists, when needed; and
- You and your family feel respected.

Your Child's Medical Home Should:

Be There For You

- ☐ Build a relationship with you and your child.
- ☐ Have the same doctor or nurse practitioner available on most of your visits.

Care For The Whole Child

- ☐ Talk to you about how to keep your child healthy.
- ☐ Talk to you about your child's growing body and mind.
- ☐ Talk to you about your child going to a dentist.
- ☐ Help your child have a healthy mind.
- ☐ Keep up-to-date medical records for your child.

Be Easy To Access

- \Box Be close to where you live or easy to get to.
- ☐ Speak to you on the phone when needed.
- ☐ Take your insurance or medical plan.

Respect Your Family

- ☐ Respect your right to make decisions about your child's health.
- ☐ Explain about your child's health, treatment and medicine in a way you can understand.
- ☐ Understand how your family works together.

Help You Find What You Need

- ☐ Send you to a specialist when needed.
- ☐ Help with other services your family needs.

Be Kind And Understanding

- ☐ Make you and your child feel comfortable.
- ☐ Let you ask questions and talk about your concerns.

Respect Your Culture

☐ Speak your language or have someone who can speak with you in your language.

