

BRINGING HEALTH SCREENINGS TO YOUR CHILD'S SCHOOL!

What are health screenings?

A health screening can help doctors find a health issue with your child. Children need regular health screenings as they develop and grow. Health problems can develop at different times for children. But, screenings can find problems early. Doctors can then make sure children are getting what they need to become healthier

Why are health screenings important?

It is common to screen for vision, hearing, and dental problems. It can be hard for children to learn in school if these health problems are not found or treated.

	When should children be screened?	Why it is important to screen children for this health problem?
Vision Screenings	Children should be screened once a year.	<ul style="list-style-type: none"> ● About 1 in 5 children in the US have a vision problem. ● Students with vision problems may: <ul style="list-style-type: none"> ○ Find it hard to focus in class. ○ Have a hard time reading. ○ Not participate in classroom activities.
Dental Screenings	Children should see a dentist every six months.	<ul style="list-style-type: none"> ● Dental problems can be painful and may cause infection ● Students who have dental pain may: <ul style="list-style-type: none"> ○ Find it hard to focus in class. ○ Have trouble eating and drinking. ○ Have trouble talking or building speech skills. ○ Be absent from school a lot.
Hearing Screenings	All children are screened for hearing problems when they are born. Children should also be screened once a year.	<ul style="list-style-type: none"> ● Hearing problems can impact the way a child learns and grows ● Hearing problems can cause trouble with: <ul style="list-style-type: none"> ○ Problems with speech and language. ○ Problems with social skills. ○ Poor behavior in class.

How can you bring health screenings to your child's school?

1. **Talk with your school nurse or principal.**
 - Explain why health screenings are important.
 - Doing them during school makes sure all students get screened!
 - Health problems can make it hard for students to do well in school and can even affect behavior in the class.
2. **Find a health partner in your community!** Check out these NYC programs that can provide screening at schools:

Vision	<ul style="list-style-type: none"> ● NYC Office of School Health: responsible for vision screenings of NYC public school students. You can check to see if your child is getting screened this year! ● Ask stores in your community that sell glasses if they offer school-based programs for schools. Companies like LensCrafters and Cohen's Fashion Optical have locations across New York City and have done work with schools.
Dental	<ul style="list-style-type: none"> ● NYU's Bringing Smiles program: On-Site Dental Care ● Smile Dental: On-Site Dental Care ● Colgate Bright Smiles, Bright Futures Program: Mobile Dental Van ● Big Smiles: On-Site Dental Care
Hearing	<ul style="list-style-type: none"> ● Center for Hearing and Communication (CHC): Mobile Hearing Screening Van <p><i>Hearing screenings are not required for NYC public school students. The following are free hearing screening resources outside of the school:</i></p> <ul style="list-style-type: none"> ● NYU Steinhardt: Mondays & Thursdays, 4:30 - 7:30pm, by appointment ● Center for Hearing and Communication (CHC): Wednesdays 12:00 to 2:00pm & Thursdays 4:00 to 6:00pm, by appointment