

# CONNECTING FAMILIES TO HEALTH RESOURCES IN YOUR COMMUNITY

This workshop provides a comprehensive toolkit for school staff to utilize in referring families to health services available in the community via methods that increase referral follow-through. This interactive workshop allows participants to explore resource lists available online and through local health departments, begin mapping resources in their community, and practice referring families to local health services.

At the end of the workshop, participants will be able to:

- 1. Define HBLs and their impact on student learning
- 2. Define Medical Home and importance of primary care
- 3. Describe how to identify resources in the community and create a tailored resource guide
- 4. Discuss strategies for collaborating with school staff to help refer families to communitybased health resources
- 5. Apply strategies for referring a family to community-based health resources



HRL is a pilot initiative launched by the Children's Health Fund in three New York City schools in 2014. HRL aims to address undiagnosed and untreated health conditions that undermine the capacity of low-income children to learn and function successfully in school and beyond.

Over the last three years, we have developed materials, protocols and best practices implemented by many of our partners across NYC. We have worked to refine a model we believe is replicable and adaptable to other schools looking to integrate work to address health barriers to learning.

Contact us at rtc@chfund.org

## **Our Materials**

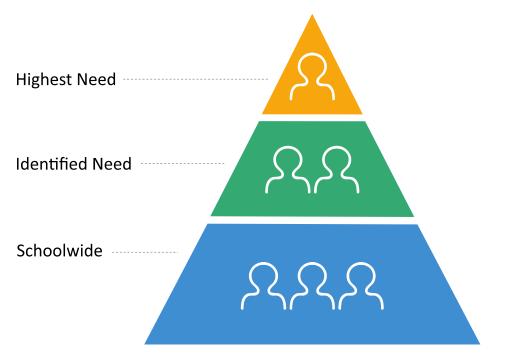
Program Vision: Healthy, happy, productive lives for kids in New York City

Program Mission: To provide high quality health and education related trainings and materials for NYC families and educators

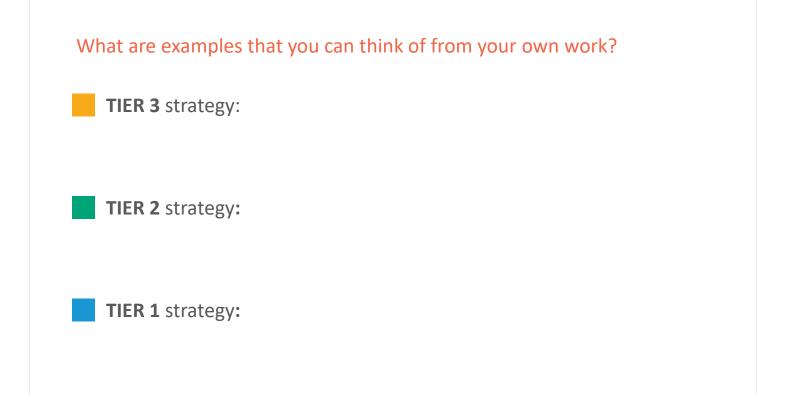
Our materials are designed to be useful and accessible for parents and educators throughout New York City. New York City is home to families of different financial, racial and ethnic backgrounds. Our materials are created with this beautiful diversity in mind. All materials created by Healthy and Ready to Learn have gone through a thorough review process by relevant content experts, including teachers, parents, pediatricians and mental health clinicians.

### **Three-tiered framework**





**Level of Intervention** 









What is challenging about connecting families to health care in your work?



What is your school's zip code?



What are the top three health issues you are seeing in your school?
ISSUE 1:
ISSUE 2:
ISSUE 3:



### **COMMUNITY RESOURCE GUIDE**

School Name: \_\_\_\_\_

School Nurse Contact Information:	Other School Contact Person:
Name:	Name:
Phone:	Position:
	Phone:

Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:

VISION RESOURCE:	
Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:

DENTAL RESOURCE:	
Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:

SINGLE STOP RESOURCE:	
Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:

FOOD RESOURCE:	
Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:

OTHER:	
Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:

OTHER:	
Address (and cross streets):	Transportation and Walking Directions:
Phone Number:	Services Available:
Website:	
Hours:	Notes:



### **Best Practices for Community Health Referrals**

#### Step 1

#### Reinforce the concept of a 'Medical Home'

- FQHCs are reliable health centers in communities. FQHCs accept insurances, including Medicaid and Medicare, can connect families to insurance if they don't have it, and offer or refer to a network of comprehensive services.
- Anyone can feel confident referring families to a FQHC you don't have to diagnose an individual, you just have to help refer them to a health center/an individual who can diagnose and provide help.



#### Step 2

#### Have resources on hand

- It is worth it to invest some time having the resources on hand so that you don't have to scramble when a family comes to you requesting help. You will appear more organized and make families feel more comfortable accessing them.
- You can make them into a one page guide and we've provided a template for you to start with today.

# Use these sources to get started making your own Resource Guides!

- 1. HRSA Find a Health Center
- 2. The NYC OSH Vision Resource List
- 3. The NYC DOHMH Dental Clinics Guide
- 4. The Single Stop NYC Location Guide
- 5. Food Pantries in New York
- 6. HITE Online Resource Directory

#### Step 3

#### Collaborate with your school staff!

- Make resource guides available in various areas of the building
- Encourage school staff to refer students and families to community health services—remember to remind them that a referral is not a diagnosis!
- You and the staff at your school know your families best! Use each other to coordinate and get families the information they need. Share knowledge to build relationships with families

