



**Virtual Learning Series
Coffee Break: Social Emotional Learning
Follow-up Resources**

Resources Mentioned:

[Healthy and Ready to Learn Virtual Workbook](#)

[CASEL Framework](#)

[At-Home Social Emotional Strategies](#)

[Building and Using Peace Corners](#)

[Brené Brown and David Kessler Podcast](#)

[Mood Meter App](#) (Available for iPhone and Android)