

# Related Resources

## Why is Trauma Important?



### Top 4 Resources

1

#### **Echo Parenting: Trauma-Informed Infographics**

Download these Echo Parenting infographics to remember steps towards creating a trauma-sensitive environment.

<https://www.echoparenting.org/resources/>

4

#### **The National Child Traumatic Stress Network: Resources for Parents**

Get resources from the National Child Traumatic Stress Network for parents on child trauma, psychological first aid, bullying awareness and prevention, school resources, and a recorded speaker series.

<https://www.nctsn.org/audiences/families-and-caregivers>

2

#### **Child Mind Institute: How Trauma Affects Kids in Schools**

Trauma affects kids in school. Know the signs of trauma and learn tips for helping kids who have been traumatized from the Child Mind Institute.

<https://childmind.org/audience/for-families/>

3

#### **The National Child Traumatic Stress Network: Trauma and Your Family**

Offers parents and caregivers information about trauma. This fact sheet defines traumatic stress and describes how common it is, how it can impact a family, and things a family can do to cope with traumatic stress.

<https://www.nctsn.org/resources/trauma-and-your-family>

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### Additional Resources

Social and Emotional Learning Prepares Students for Success Infographic

<https://www.rwjf.org/en/library/infographics/infographic-social-and-emotional-learning-in-elementary-school-prepares-stud.html#/download>