

Related Resources

Mental Health and Behavior Problems



Top Resources

1

NYC Health: Mental Health and Social Services for NYC Youth

Find important mental health information for students in NYC Schools. Hotlines, programs, online resources are listed here from NYC School Mental Health services.

<https://www1.nyc.gov/site/doh/health/health-topics/child-and-adolescent-mental-health-services.page>

2

Stopbullying.gov: What Can Educators do to Stop Bullying?

Looking to talk to students about bullying? Find different resources and strategies to start the conversation and prevent bullying in the classroom.

<https://www.stopbullying.gov/resources/what-you-can-do#educators>

3

National Alliance on Mental Health

The National Alliance on Mental Health provides infographics and fact sheets with useful tips and things to know concerning mental health.

<https://www.nami.org/Learn-More/Fact-Sheet-Library>

4

Sesame Street: Building Routines with Kids

Building routines from a young age can help build skills for kids at a young age. Click here for fun activities for kids and families from Sesame Street.

<https://sesamestreetincommunities.org/topics/routines/>

5

Moyer Foundation: Anti-Bullying Resources

Find articles and resources to prevent childhood bullying on the Moyer Foundation Resource Center.

<https://elunanetwork.org/resources/category/related-topics/anti-bullying/>

6

Center for American Progress: Counsel or Criminalize? Why Students of Color Need Supports, Not Suspensions

Center for American Progress analysis on alarming inadequacy of mental health and counseling services in their schools.

<https://cdn.americanprogress.org/wp-content/uploads/2016/09/21142816/SupportNotSuspensions-brief.pdf>

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Additional Resources

IncludeNYC: Resources for Students with Disabilities

<https://www.includenyc.org/>

NYC Schools: Special Education Services and Process

<https://www.schools.nyc.gov/learning/special-education/the-iep-process/the-iep>

Stopbullying.gov: What Can Parents do to Stop Bullying?

<https://www.stopbullying.gov/resources/what-you-can-do>

NYC ACS: Keeping Children Safe.

<https://www1.nyc.gov/site/acs/child-welfare/child-safety.page>

KidsHealth: Understanding Children's Emotions and Behavior.

<https://kidshealth.org/en/parents/emotions/#catbody-basics>

healthychildren.org: Keeping Kids Emotionally Healthy

<https://www.healthychildren.org/english/healthy-living/emotional-wellness/pages/default.aspx>

Sesame Street: Teaching Kids to Care and Share

<https://sesamestreetincommunities.org/topics/caring/>

Moyer Foundation: Depression Resources for Kids

<https://elunanetwork.org/resources/category/related-topics/depression-and-mental-health/>